





Naomi Whittel

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Join us for the world premiere of a new docu-series on the Ketogenic lifestyle -- completely free to view 🥑👨🏻🍳!

We created this free docu-series to bring this Nobel prize winning research to the world 🌍🌍 ... click below to register for the viewing!



therealskinnyonfat.com

[Free Keto Docu-Series]  
Nobel Prize winning...

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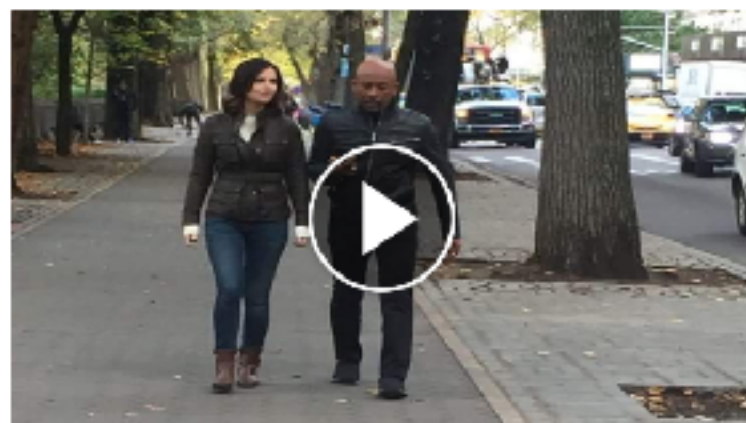


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Join Montell Williams and me as we host the a new docu-series on the Ketogenic lifestyle -- the viewing starts January 15th, 2019 (reserve your spot now as they are limited -- completely free to view 🥑👨🏻🍳)!!



therealskinnyonfat.com

[Free Viewing of New Keto  
Docu-Series] Viewing...

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👍❤️😱 Jeff Hays and 21K others  
4.3K comments 11K shares



**BOOM by Cindy Joseph**

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**Quick Makeup Tip:** Do you use powder-based cosmetics?

If you're over 50, any powder-based cosmetics—even eyeshadow—can draw attention to any lines or texture you have on your face.

There's a better way. See our 5 makeup tips for the details.

[www.boombycindyjoseph.com/pages/5-makeup-tips-for-older-women](http://www.boombycindyjoseph.com/pages/5-makeup-tips-for-older-women)



[WWW.BOOMBYCINDYJOSEPH..](http://WWW.BOOMBYCINDYJOSEPH..)

**Ditch the Eyeshadow?**

Here are 5 makeup tips, exclusiv...

LEARN MORE



5.5K

1.2K comments

1.6K shares



Like



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Molly Pittman

Published by Molly Pittman · 15 January at 12:22 · 0

I just wrapped up my first Facebook campaign(s) of the year!

We generated 50k leads for \$1.25/piece with significant profit for my client👏.

Ezra Frastone and I are hosting a live training THURSDAY to unpack exactly how I ran this campaign: [www.trainmytrafficsperson.com/webinar](http://www.trainmytrafficsperson.com/webinar)

Facebook made huge changes in 2016, and the strategies that I use now are very different from last year. I want to make sure everyone stays up to date 🍷

I'm also taking you through my daily routine that's allowed me to profitably spend \$14+ million on Facebook in the last 6 years (at a profit).

If you are or plan to run Facebook ads in 2016, we would love to see you Thursday: [www.trainmytrafficsperson.com/webinar](http://www.trainmytrafficsperson.com/webinar)



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Live Training w/ Molly Pittman & Ezra Frastone == Get More Profit From Paid Traffic!

Molly Pittman

Published by Molly Pittman · 14 January at 08:31 · 7

7 years ago I was a bartender in Kamack👏👏👏.

In 2012 I moved to Austin, Texas and started as an internet Digital Marketer and also found my love for Facebook ads!

In 2014 I became the VP Marketing at DigitalMarketer, spoke on stage at Traffic & Conversion Summit for the first time, and started teaching others how to get the same results that I had with FB ads👏👏.

In late 2017 I started on my own to help clients scale their businesses..

In 2016 I launched

Train My Traffic Person with Ezra Frastone to help other people buyers get the same success that I had for DigitalMarketer and my clients.

Ezra and I are hosting a live training THURSDAY to unpack exactly how I go about really paying: [www.trainmytrafficsperson.com/webinar](http://www.trainmytrafficsperson.com/webinar)

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Hunt A Killer

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Couples everywhere love playing Hunt a Killer because "usually we just zone out and watch TV.

Hunt a Killer gets us talking and having so much fun together."

After all... Couples who hunt serial killers together, stay together.



HUNTKILLER.COM

**"The Ultimate Date Night Party"**

[Learn More](#)

The Lineup - "Insanely Addictive Serial Killer..."

👍👎👉 2.3K

3.5K comments 808 shares



Written by Holly Pittman · 23 July at 10:11 · 0

Like Page

"My most life is more organized with the Panda Planners. I have one place to keep our doctors appointments, school activities, days we do school, trips we go on, etc.

It's also nice to keep up with cleaning around the house, when I need to do it, what room was deep cleaned last.

It keeps me accountable on what I planned on getting done for the day, week, and month.

I love that the dates are not preprinted because I can set my year to a school year instead of a calendar year.

I am going into my second Panda Planner Weekly, one year planner.

It's big, so I don't lose it. It's sturdy and strong and can withstand being carried around with lots of school books and pens. The pages are thick so I can use Gel Pens and they don't bleed through.

I have a place to keep up with meal planning 🍴.

I seriously can put everything in this planner I need. I LOVE this planner!"

Panda Planner is scientifically proven to increase productivity & happiness. GET MORE DONE. FEEL BETTER -- 10% off -- Use Code FBTD at checkout: <http://bit.ly/2v1Jkxy>



Best Planner for Busy Moms



Keep track of doctor appointments, me

76,662 people reached

58

15 Comments 27 Shares



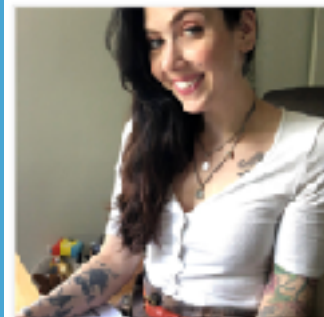
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"I was stuck in a job I hated, mid-divorce, and my finances were a mess."

I was looking for some semblance of control during a time defined by uncertainty and chaos. My colleague casually mentioned Panda Planner, probably because she thought I was in the throes of a breakdown, so I thought I'd give it a try...

I got a new job, paid off thousands of dollars of debt, and haven't double booked myself for poetry readings or workshops. It helps me keep track of deadlines at work and reminds me to focus on the things in my life that are going well. I can wake up in a horrid little mood, stressed and overwhelmed, but when I sit down and actually list the things I'm grateful for, it eases my anxiety and lets me hold onto something good for the day. It doesn't matter that I usually write "my dogs" three times on that list -- just the little task of asking myself to acknowledge their goodness is good for me, too." --Ruth

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A planner that helps decrease anxiety c